

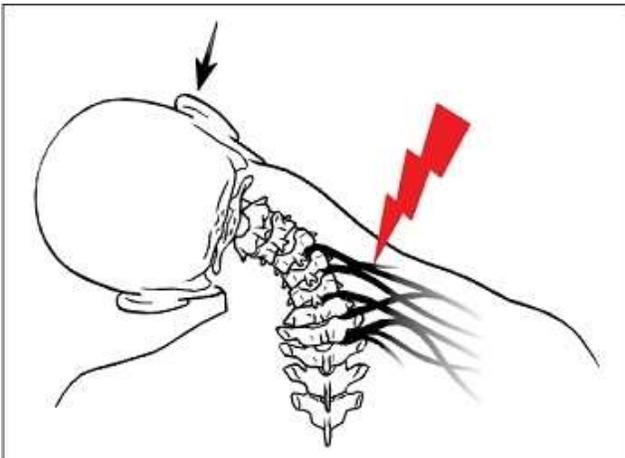


## *BRACES BY INJURY:*

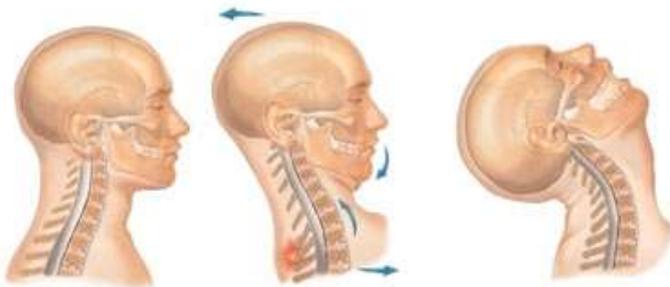
# Neck Injuries

### Help Treat Burners and Stingers

Nerve injuries in the neck are commonly referred to as 'burners' or 'stingers' as this is how the pain associated with them is often described. These sorts of nerve injuries are frequently seen in athletes who play contact sports - especially football. When the nerves in the neck are damaged, a strong burning or stinging sensation is typically felt down either the left or right arm/hand. Usually this subsides fairly quickly, but in more severe cases it may persist for a couple of weeks.



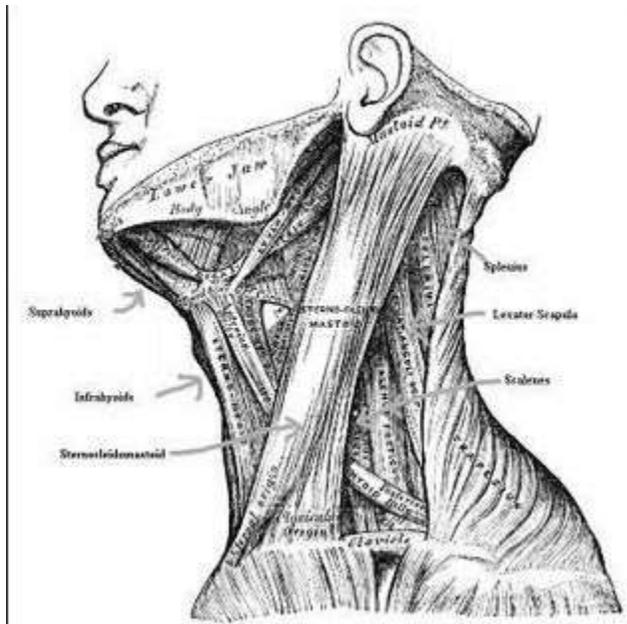
### Stabilize Whiplash Injuries With These Neck Braces



Whiplash often happens in car accidents, but can be a common sports injury as well. When a person's body gets pushed out from underneath them too quickly before they can react, often times the neck will spring forward or back (not unlike the action of a whip) and become injured. Typically, whiplash damages the soft tissues in the neck, causing bruising, swelling, and pain. In addition, the ligaments and muscles in the neck are pushed beyond their normal limits, causing further damage.

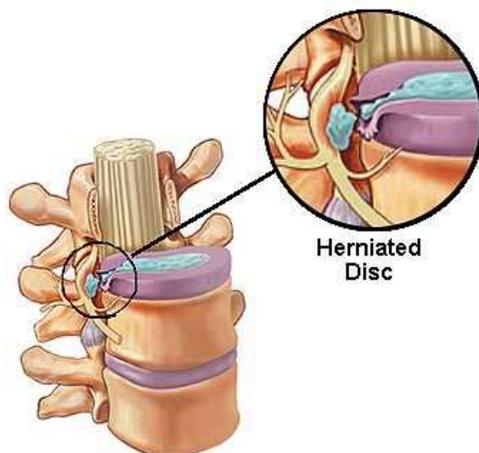
Whiplash pain can be hard to treat - one of the best ways to help is with a neck brace. The proper brace will hold the neck in place and prevent it from moving or causing further damage to the neck muscles and ligaments.

### These Neck Braces Will Stabilize Your Neck and Help You Recover From a Sprain



Whether you have a minor strain or have seriously sprained your neck, our neck braces can help. They will stabilize the vertebral column and keep your neck aligned properly, allowing it to heal in the correct position and preventing further issues down the road. Neck sprains occur when the ligaments that connect the neck bones together are damaged, either through trauma or physical force. It's important to keep those ligaments and tendons stabilized while they heal to prevent them from shortening or being generally unstable.

### Herniated Discs



Herniated discs in the neck are a common and painful condition that can be caused through trauma to the neck, or spontaneously over time. Often times, a herniated disc will be accompanied with excruciating pain, numbness, tingling, and other discomforting symptoms that can be difficult to find relief from. The symptoms you feel are often due to damaged or disturbed nerves in the neck area.

Many people will turn to surgery and painkillers to help alleviate their neck pain, but another option is a supportive neck brace. Some neck braces help relieve pressure on the neck; this reduces pain associated with a herniated disc, and may even help your neck heal. In addition, these braces will stabilize and decompress the vertebrae, making it less painful to return to normal activity.